

# FOCUS CYCLE



**Focus**

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**Emotions**

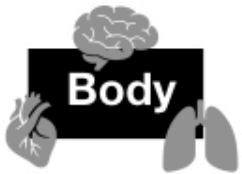
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**EVENT:**

**Self  
Talk**

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**Body**

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